

# **EMERGENCY ACTION PLAN**

Francis T. Maloney High School

Department of Athletics



**FRANCIS T. MALONEY  
HIGH SCHOOL**

**ADVANCED PHYSICAL THERAPY, LLC**

*ORTHOPEDICS · SPINE · SPORTS MEDICINE*

## Maloney High School Athletics Emergency Action Plan

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## **Introduction**

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the student athlete. The development and implementation of an Emergency Action Plan (EAP) will help ensure that the best care will be provided. There are a variety of emergency situations that can surface during sport. As emergencies may occur at any time and during any activity, all staff that works with student-athletes must be prepared.

## **Emergency Personnel**

A certified athletic trainer (AT) is often the first responder to an injury. In his or her absence, any athletics personnel in charge assumes first responder responsibilities. Therefore, they are required to maintain certification in cardiopulmonary resuscitation (CPR), first aid, automated external defibrillator (AED) as well as review and rehearse EAP with the student athletes. Copies of training certificates and/or cards should be maintained with the athletic director.

Specific roles of first responders includes:

- Establish scene safety and immediate care of the student-athlete
- Activate of Emergency Medical Services (Call 911)
- Retrieve equipment (AED, EpiPen, Rescue Inhalers, etc) and emergency Forms
- Direction of EMS to the scene:
  - By anyone who has keys to locked gates/doors that could guide the ambulance as they arrive to the scene.
  - May guide the rest of the student-athletes to stand in a line from the entrance of the venue to the site of the emergency to guide the ambulance.
- Documentation and debriefing
  - The first responder must fill out the accident report immediately following activation of the EAP.
  - The athletics department must discuss the event within 48 hours and evaluate the effectiveness of the EAP.

## **Emergency Communications**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Specific directions to locate the emergency scene (i.e. “use the main entrance to the school off of Gravel street. The gym is located straight ahead”)
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS

### **Medical Emergency Transportation**

Any emergency situation where there is loss of consciousness (LOC), impairment of airway, breathing, or circulation (ABCs), or a neurovascular compromise should be considered a “load and go” situation. Emphasis is placed on rapid evaluation, treatment, and proper transportation. Any emergency personnel who experiences doubt in their mind regarding the severity of the situation should consider a “load and go” situation and transport the individual.

### **Non-Medical Emergencies**

For non-medical emergencies (fire, bomb threats, violent or criminal behavior, etc.) refer to Maloney High School Crisis Management Procedures and follow instructions (Rev. 12/8/21)

## **Emergency Equipment**

1. Automatic External Defibrillator (AED)
  - a. AED #1: Located next to the Athletic Director's office
  - b. AED #2: Portable with Athletic Trainer
  - c. AED #3: Portable with a team of highest need
2. Team's Medical Kit
  - a. Each Team should bring their own medical kit with them at all times. The medical kit contains various first aid supplies including tapes, bandaids, gauze, gloves, CPR masks, wound wash, etc.
3. Athletic Trainer's Medical Kit
  - a. Located with AT for all covered events, including splints, tourniquets, tooth saver, and equipment removal tools.
4. Nearest Phone
  - a. Athletic Trainer's personal cell phone will be on their person while covering all events.
  - b. Coaches should have their personal cell phones on their person at practice and games (find emergency numbers on page 8)
5. Emergency medications (Rescue inhalers, EpiPen, etc)
  - a. Coaches are responsible for ensuring student-athletes with medical conditions bring their prescribed medications to every practice and game.
  - b. Emergency medications must be left with the coach (labeled with the student-athletes name) during practices and games, not left in their personal bags.
6. Cold water immersion tub
  - a. The tub is stored in the concession stand.
7. Emergency Forms (FamilyID records)
  - a. Emergency forms contain critical health history and emergency contact information. The head coach will keep the forms with them at all practices and competitions. The head coach will give the forms to EMS in case of a medical emergency.

## Maloney High School Athletics Emergency Action Plan

### **Staff Education**

1. Each season, every coach will receive a copy of the Emergency Action Plan (EAP). Each stipend coach will provide their signature to confirm they have read the documents and asked any potential questions.
2. The AT will review and rehearse the EAP with each team at the beginning of the season. Student-athletes will need to be prepared to assist in case of an emergency.
3. A copy of the site-specific EAP will be kept in each medical kit and with the coach at every practice/event.
4. A copy of the site-specific EAP will be posted on the fence of each athletic venue and on the athletics website.

Maloney High School Athletics Emergency Action Plan

**Emergency Telephone Numbers**

This list is only to be used in the case of an emergency.

<b>Off-Site Contacts</b>	<b>Phone Number</b>
Emergency	911
Meriden Police Department	203-238-1911
Fire Department	203-235-2537
Midstate Medical Center (ER)	203-694-8212
Hunter's Ambulance (ER)	203-235-3369

**Injury Action plan**

<b>Sudden Cardiac Arrest</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Loss of consciousness</li> <li>● Agonal breathing</li> <li>● Absence of heartbeat</li> <li>● Absence of breathing</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Get AED</li> <li>● Start CPR (30 compressions and 2 breaths)</li> <li>● Count 30 as in “ONE one thousand, TWO one thousand...”)</li> <li>● Apply AED as soon as possible</li> </ul>

<b>Head and Neck Injury</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Loss of consciousness</li> <li>● Numbness and tingling</li> <li>● Loss of sensation</li> <li>● Loss of movement</li> <li>● Pain and tenderness on the neck</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● DO NOT MOVE THE ATHLETE until EMS takes over</li> <li>● Stay with the athlete and monitor the symptoms</li> </ul>



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<b>Concussion</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Loss of consciousness</li> <li>● Vomiting</li> <li>● Pupils unequal in size</li> <li>● Severe headache/dizziness</li> <li>● Loss of movement/sensation</li> <li>● Neck pain and tenderness</li> <li>● Seizure</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● DO NOT RETURN THE ATHLETE TO PARTICIPATION on the same day</li> </ul>

<b>Exertional Heat Stroke</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Core body temperature higher than 104°F.</li> <li>● Changes in personality/behaviors</li> <li>● Central nervous system dysfunction</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Initiate cold water immersion immediately</li> <li>● Reduce core body temperature below 101°F before transporting with the EMS</li> </ul>

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<b>Asthma</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Wheezing</li> <li>● Difficulty breathing</li> <li>● Unable to finish a sentence</li> <li>● Chest pain</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Help the athlete self-administer the inhaler</li> </ul>

<b>Anaphylaxis</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Skin reactions</li> <li>● Swollen tongue or throat</li> <li>● Wheezing and trouble breathing</li> <li>● Nausea</li> <li>● Vomiting</li> <li>● Diarrhea</li> <li>● Dizziness</li> <li>● Loss of conscious</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Help the athlete self-administer the Epi-Pen</li> </ul>

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<b>Diabetes</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Confusion or drowsiness</li> <li>● Hunger</li> <li>● Profuse sweating</li> <li>● Clammy skin</li> <li>● Loss of consciousness</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Provide sugar or food</li> </ul>

<b>Opioid overdose</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Pinpoint eyes (pupils constricted)</li> <li>● Loss of consciousness</li> <li>● Agonal breathing</li> <li>● Pale/blue/gray skin and finger tips</li> <li>● Confusion</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Administer Narcan if available</li> <li>● Get AED</li> <li>● Start CPR if no sign of heartbeat</li> </ul>

<b>Seizure</b>		
<b>CHECK</b>	<b>CALL</b>	<b>CARE</b>
<ul style="list-style-type: none"> <li>● Involuntary muscle contraction</li> <li>● Vomiting</li> <li>● Loss of consciousness</li> </ul>	<ul style="list-style-type: none"> <li>● Call 9-1-1</li> </ul>	<ul style="list-style-type: none"> <li>● Put them in a recovery position (laying on their side)</li> <li>● Do not put objects in their mouth</li> <li>● Do not restrain them</li> </ul>

## Maloney High School Athletics Emergency Action Plan

### **Site-specific EAP**

- Large Gymnasium
- Small Gymnasium
- Weight Room
- Cardio Room
- Swimming pool
- Turf Field
- Football Practice Field (Grass)
- Tennis Courts
- Baseball/Soccer Field
- Ceppa Field (Baseball Games)
- Falcon Field (Game Field for Soccer, Football, Lacrosse)
- Dunn Sports Complex (Softball)
- Hubbard Park (Cross Country Meet)
- Hunter's Golf Course

## **LARGE GYMNASIUM**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel Street, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “Use the main entrance to the school off of Gravel street. The gym is located straight ahead”**
    - “A designated person will be waiting for the ambulance by Gravel Street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the athletic director's office (Room 138)

## **SMALL GYMNASIUM**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “Use the main entrance to the school off of Gravel street. The gym is located straight ahead”**
    - “A designated person will be waiting for the ambulance by the Gravel Street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the athletic director's office (Room 138)

## **WEIGHT ROOM**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “The weight room is located next to the gym.”**
    - “A designated person will be waiting for the ambulance by the Gravel Street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the athletic director's office (Room 138)

## CARDIO ROOM

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “Use the main entrance to the school off of Gravel street. The cardio room is located on the second floor.”**
    - “A designated person will be waiting for the ambulance by the main entrance.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the athletic director's office (Room 138)



## SWIMMING POOL

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “The swimming pool is located at the back of the building.”**
    - “A designated person will be waiting for the ambulance by Gravel Street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the athletic director's office (Room 138)

## **TURF AND TRACK FIELD**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty Street.”**
    - “The turf field is located at the back of the building.”**
    - “Use the entrance next to the tennis courts.”**
    - “A designated person will be waiting for the ambulance by Gravel street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. **BE THE LAST ONE TO HANG UP.**
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the outdoor concession stand during spring and fall. There is another AED next to the athletic director's office (Room 138)
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the school building.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## **FOOTBALL PRACTICE FIELD (GRASS)**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty.”**
    - “Drive towards the parking lot on the far left side of the building. Follow the driveway towards the back of the building. The grass field is located next to the turf field.”**
    - “A designated person will be waiting for the ambulance by Gravel street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the outdoor concession stand during spring and fall. There is another AED next to the athletic director's office (Room 138)
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the school building.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## TENNIS COURTS

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 121 Gravel St, Meriden.”**
    - “The nearest cross street is Gravel and Liberty.”**
    - “Drive towards the parking lot on the far left side of the school. The tennis courts are located behind the parking lot.”**
    - “A designated person will be waiting for the ambulance by Gravel street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the outdoor concession stand during spring and fall. There is another AED next to the athletic director's office (Room 138)
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the school building.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## **BASEBALL / SOCCER FIELD**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location

**“The address is 121 Gravel St, Meriden.”**  
**“The nearest cross street is Gravel and Liberty.”**  
**“Drive towards the parking lot on the far left side of the building. Follow the driveway towards the back of the building. The baseball field is located on the left.”**  
**“A designated person will be waiting for the ambulance by Gravel street.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- Nearest AED is located next to the outdoor concession stand during spring and fall. There is another AED next to the athletic director's office (Room 138)
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the school building.
  - **DUGOUTS ARE NOT SAFE DURING LIGHTNING.**
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## FALCON FIELD

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 200 Westfield Road.**
    - “The nearest cross street is Westfield Road and Fols Avenue.”**
    - “Emergency vehicles should enter from Westfield Road.”**
    - “A designated person will be waiting for the ambulance by Westfield Road.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- A member of Athletics Department will carry a portable AED.
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the locker rooms, Washington Middle School, or the concession building.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## HUBBARD PARK

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 999 West Main street”**
    - “The nearest cross street is West Main and Hubbard Park Drive”**
    - “Start / Finish line is located at the bandshell (Half shell).”**
    - “A designated person will be waiting for the ambulance by the entrance.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- A member of Athletics Department will carry a portable AED.
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the restrooms and pool house
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## **CEPPA FIELD (BASEBALL GAMES)**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 81 Gale Avenue.”**
    - “The nearest cross street is Gale Avenue and Harrison Street”**
    - “Use the main entrance off of Gale avenue.”**
    - “A designated person will be waiting for the ambulance by the entrance.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- A member of Athletics Department will carry a portable AED.
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the locker rooms and concession building.
  - DUGOUTS ARE NOT SAFE DURING LIGHTNING.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”



## **WILLIAM E. DUNN SPORTS COMPLEX**

### **ACTIVATING EMERGENCY MEDICAL SERVICES**

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 402 Thorpe Avenue.”**
    - “The nearest cross street is Thorpe Avenue and Ives Avenue.”**
    - “Use the entrance off of Thorpe Avenue.”**
    - “A designated person will be waiting for the ambulance by Thorpe Avenue.”**
    - Field 1 (JV Field / Pinwheel): “Take right at the top of the hill.”**
    - Field 5 (Varsity Field /Championship Field): “Take a left at the top of the hill.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact the athletic trainer and athletic director.
6. Contact the parents or guardian.

- A member of Athletics Department will carry a portable AED.
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside the locker rooms and concession building.
  - DUGOUTS ARE NOT SAFE DURING LIGHTNING.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

## HUNTER'S GOLF COURSE

### ACTIVATING EMERGENCY MEDICAL SERVICES

1. Call 9-1-1
2. Provide information
  - a. Location
    - “The address is 688 Westfield Road”**
    - “The nearest cross street is Westfield Road and Bee street.”**
    - “A designated person will be waiting for the ambulance by the entrance.”**
  - b. Description of the emergency
  - c. Condition of the student-athlete
  - d. Other information requested by the dispatcher
3. BE THE LAST ONE TO HANG UP.
4. Retrieve the student-athlete's emergency form for EMS.
5. Contact Pro Shop #203-634-3366 to help guide EMS to the location.
6. Contact the athletic trainer and athletic director.
7. Contact the parents or guardian.

- A member of Athletics Department will carry a portable AED.
- Lightning
  - Outdoor activities will be postponed when lightning is within 10 miles.
  - Seek shelter immediately. Go inside Pro Shop, Clubhouse, or maintenance building between hall #12 and #16.
  - Outdoor activities will be resumed 30 minutes after the last thunder or lightning.
- Exertional heat stroke
  - Call 911 and initiate cold water immersion.
  - The core body temperature must reach under 101°F before being transported. “Cool first, transport second.”

**Appendix**

- A. History of changes
- B. Staff Education Confirmation
- C. Map of Maloney Campus
- D. Falcon Field
- E. Hubbard Park
- F. Ceppa Field
- G. William E. Dunn Sports Complex
- H. Hunter's Golf Course

Maloney High School Athletics Emergency Action Plan

**A. History of Changes**

<b>Specific changes made</b>	<b>Page(s) affected</b>	<b>Date</b>
Revised by Gyujin Kim	1-35	3/17/2023
Revised by Gyujin Kim	6, 28	8/14/2023

## **B. Confirmation of Staff Education**

I have read and understand the Emergency Action Plan for Maloney High School. I understand my roles and responsibility should an emergency occur in my presence. I have also rehearsed this Emergency Action Plan and understand my role in an emergency situation with an athletic trainer present and without. I have been given the opportunity to ask all questions and have received the proper answers to my questions.

I also understand that I must keep my CPR/AED and First Aid Certifications up to date and that it is my responsibility to ensure a lapse does not occur. I am also aware that I must be trained in concussion management and it is my responsibility to ensure a lapse does not occur.

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

SPORT \_\_\_\_\_

DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

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### C. Map of Maloney Campus

**121 Gravel Street**

Nearest Cross Street: Gravel and Liberty

Latitude: N 41° 31' 54"

Longitude: W 72° 46' 20"

Access Points and Entrances: Main Entrance, Pool Entrance, Track Entrance, Primary & Secondary Vehicle Entrance to lower fields

Emergency Shelter: school building; NOT IN POOL AREA

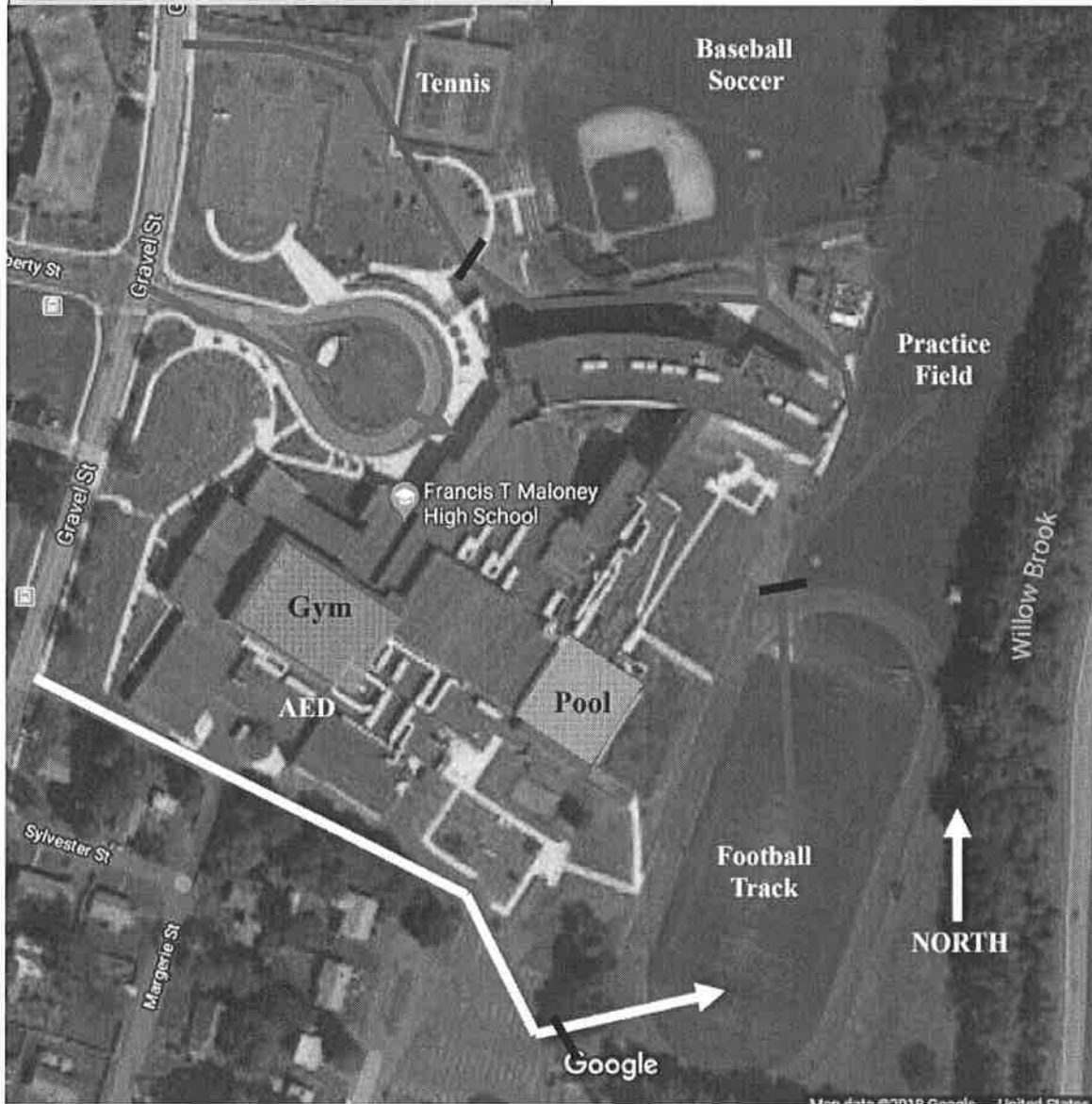
#### KEY

Main Entrance

Gates

Primary Vehicle Access to Fields

Secondary Vehicle Access to Fields

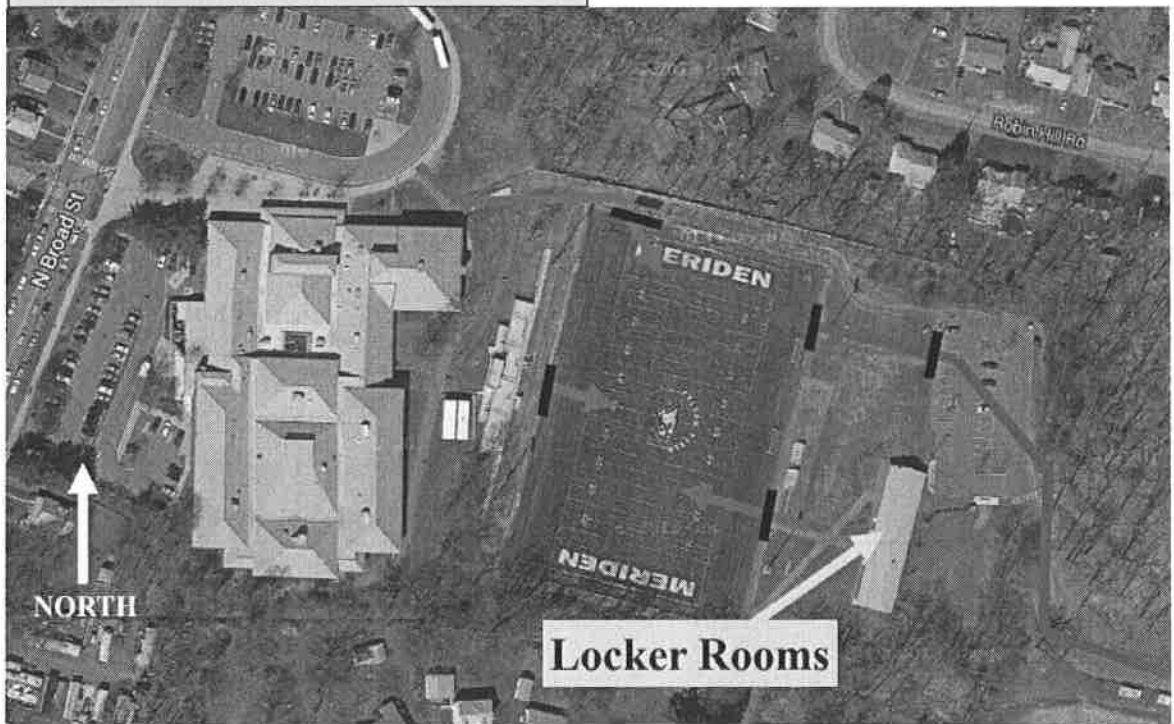


## D. Falcon Field

1225 North Broad Street (Washington MS)  
Emergency vehicles should enter from Westfield Road  
Nearest Cross Street: Westfield Road and Fols Avenue  
Latitude: N 41° 33' 4"  
Longitude: W 72° 46' 41"  
Access Points and Entrances: Westfield Road  
Emergency Shelter: locker rooms or Washington MS

### KEY

Entrances  
Gates  
Vehicle Access to Fields



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## E. Hubbard Park

987 West Main Street (closest address)

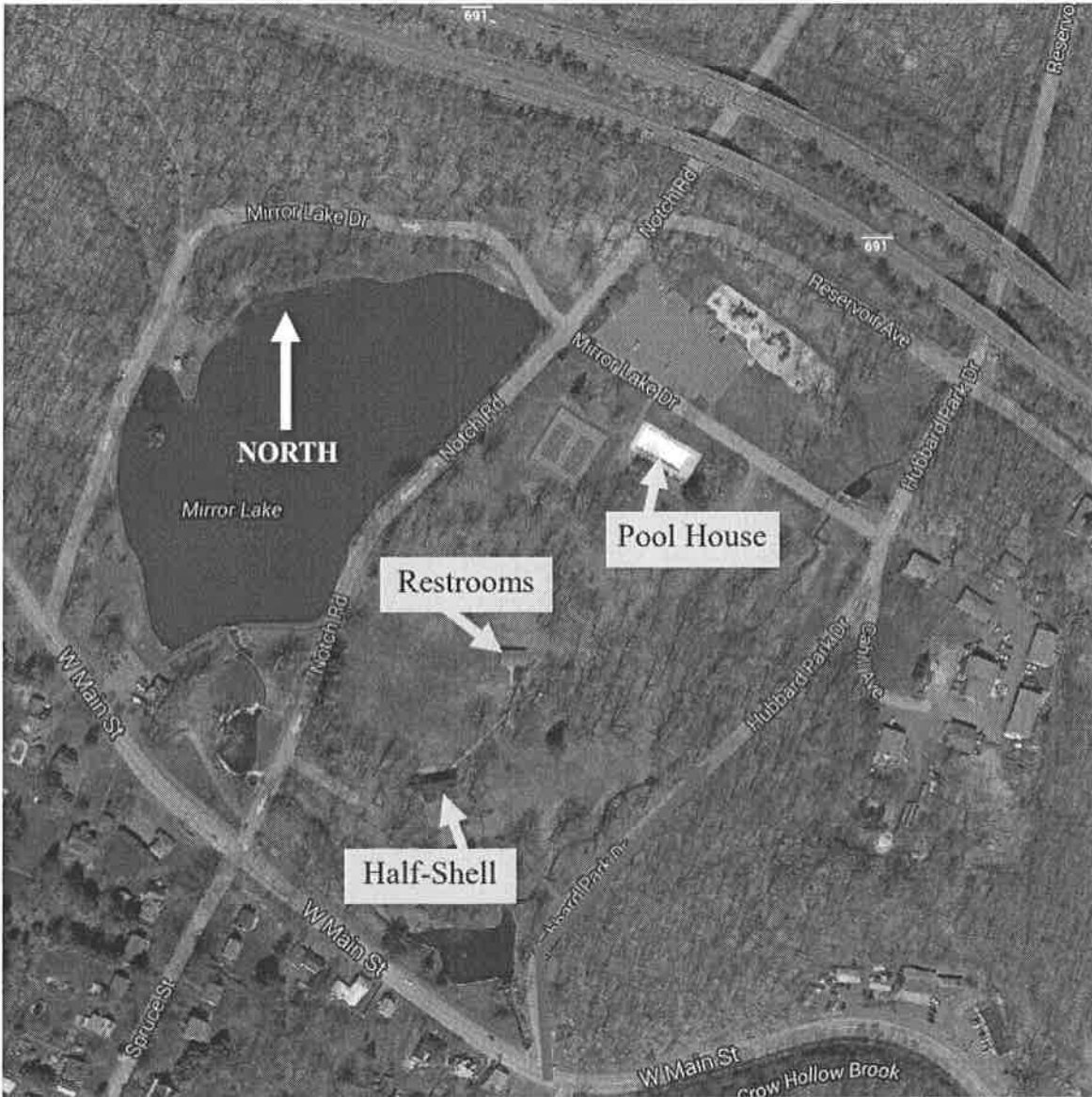
Nearest Cross Street: West Main and Hubbard Park Drive

Latitude: N 41° 32' 49"

Longitude: W 72° 49' 59"

Access Points and Entrances: West Main Street

Emergency Shelter: pool house, restrooms, or half-shell





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## F. Ceppa Field

81 Gale Avenue (closest address)

Nearest Cross Street: Gale Avenue and Harrison Street

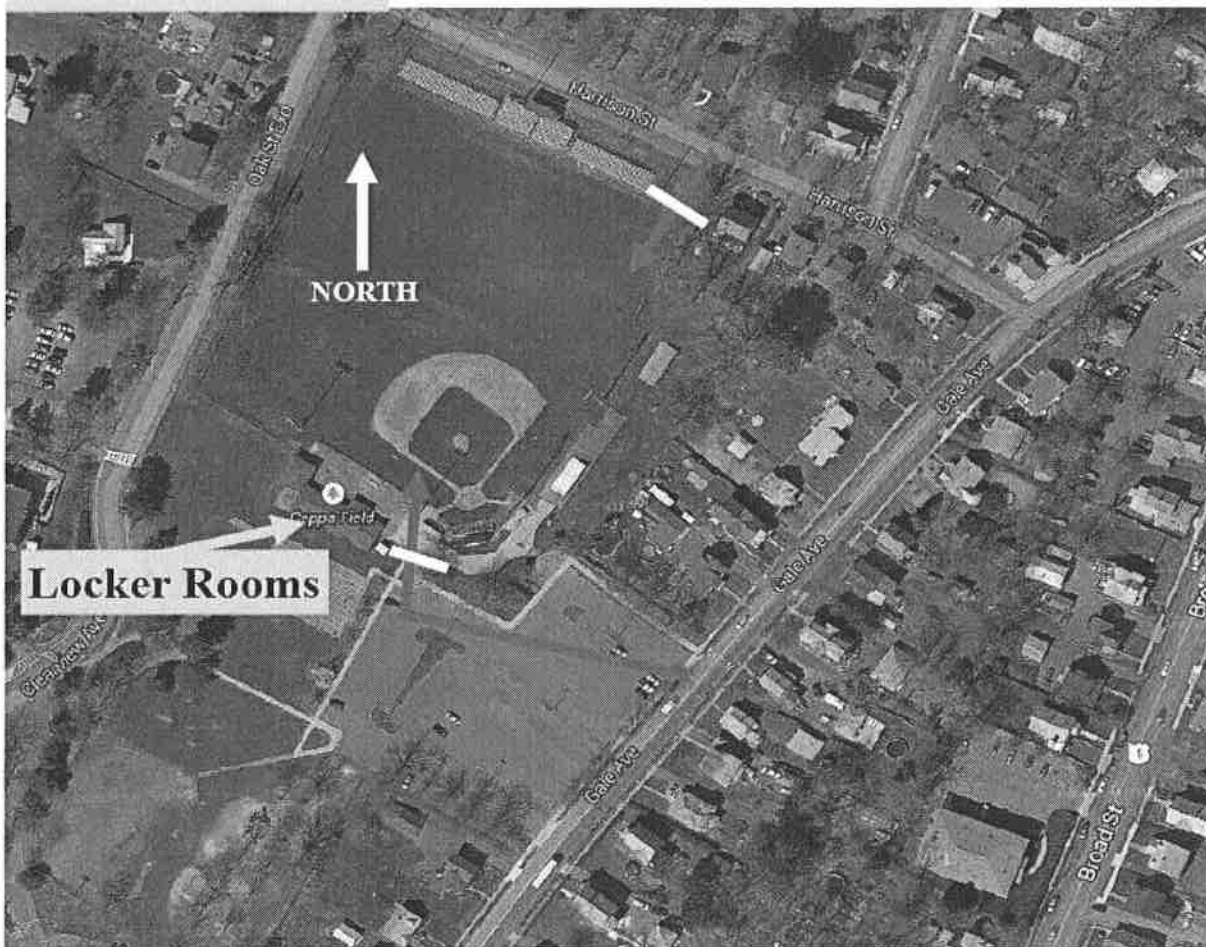
Latitude: N 41° 31' 31"

Longitude: W 72° 48' 9"

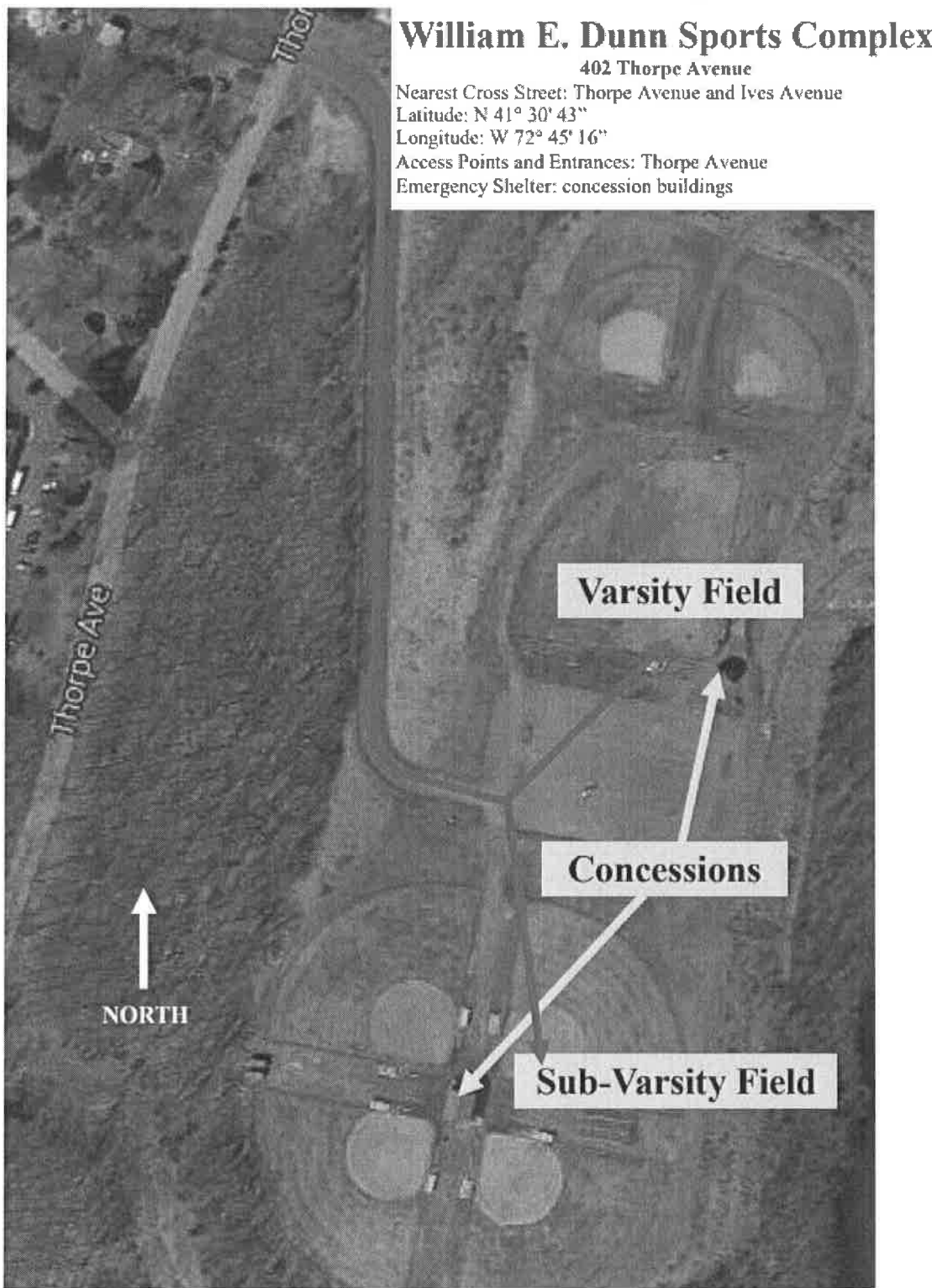
Access Points and Entrances: Harrison St & Gale Avenue

Emergency Shelter: locker rooms and concession building

Gates marked in WHITE



## G. William E. Dunn Sports Complex



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## H. Hunter's Golf Course

688 Westfield Road

Nearest Cross Street: Westfield Road and Bee Street

Latitude: N 41° 33' 5"

Longitude: W 72° 46' 1"

Access Points and Entrances: 2 entrances off Westfield Road

Emergency Shelter: Pro Shop, Clubhouse, or Maintenance Building between holes #12 & #16

Special Considerations: Hunter's Golf Course has lightning detection system which will sound when lightning is within 6 miles. Contact the Pro Shop @ 203-634-3366 if EMS is called as they may have to direct EMS to location of injury on course. The injured may be transported by golf cart to parking lot if it is safe to do so and you are directed to by EMS.

